Brain Fuel

Fuel Focus. Defend Memory. Awaken Mental Youth.

## Reignite Your Brainpower

From foggy mornings to overstimulated afternoons, Brain Fuel helps you cut through the noise and reconnect with sharp, sustained, feel-good focus. Whether you're studying, problem-solving, presenting, or simply trying to remember where you left your keys — Brain Fuel gets your brain back online.

This advanced nootropic formula is designed to support memory, mental stamina, neurotransmitter balance, and long-term brain health. It works with your biology, not against it — giving you cognitive lift without crashes or stimulants.

## Why It Works

Brain Fuel targets the four key pathways of a high-performing brain:

1. Neuroplasticity & Memory Formation  
 - Bacopa Monnieri – Enhances learning and memory retention by boosting synaptic communication  
 - Curcumin 97% + Ellagic Acid – Anti-inflammatory antioxidants that protect brain cells and support long-term memory

2. Neurotransmitter Balance  
 - Mucuna Pruriens – Natural source of L-DOPA to boost dopamine for motivation, pleasure, and focus  
 - Guggul Extract – Helps modulate mood and energy levels via thyroid and neuroendocrine support

3. Energy & Mitochondrial Activation  
 - Ubiquinol – Active CoQ10 form powering cellular energy, especially in high-demand organs like the brain  
 - Nicotinamide – NAD+ precursor supporting mitochondrial repair, mental clarity, and cellular longevity

4. Neuroprotection & Inflammation Control  
 - Ursolic Acid + Nigella sativa – Combat neuroinflammation and help protect brain structure  
 - Turmeric + Calebin A – Amplify antioxidant defenses and support brain-derived neurotrophic factor (BDNF)

## Smart Delivery, Smarter Brain

- Black Pepper Extract – Enhances absorption and bioavailability of key ingredients, especially curcumin and CoQ10  
- Zinc Citrate – Supports neurotransmitter activity and synaptic function  
- Vitamin D3 + B12 – Fundamental for neurogenesis, mood regulation, and nerve protection

## Hero Ingredient Highlights

- Bacopa Monnieri – Time-tested memory tonic for students and aging minds alike  
- Mucuna Pruriens – Motivation molecule booster (dopamine)  
- Ubiquinol – Powers brain energy and slows cognitive aging  
- Nicotinamide – NAD+ pathway supporter for mitochondrial clarity  
- Calebin A – Novel curcuminoid unlocking anti-inflammatory and neuroprotective genes

## Who It's For

- Students and professionals needing sustained cognitive performance  
- Adults experiencing brain fog, overwhelm, or memory lapses  
- Those seeking stimulant-free mental energy and emotional balance  
- Individuals with early cognitive decline, stress-induced memory fatigue, or neurodegenerative concerns

## Pair It With

- Evergreen for full-spectrum cellular repair and mood resilience  
- NuGlo for hormonal balance and antioxidant protection  
- Sleep n Slim for restorative sleep and brain detox

## Suggested Use

Take daily in the morning or before a mentally demanding task. Can be used continuously or in cycles.

## Brain Fuel + Evergreen = Cognitive Resilience + Full-Body Renewal

It’s not just about thinking sharper — it’s about living younger.